# Resources

For families in the Issaquah School District

# Support for academics and school items

After School Academic support is often available for free at each school. Programs differ by building and grade level, but there are many opportunities to ask questions of a teacher, work on homework, use the computer, and at the secondary level, ride the free activity buss home. Ask the office staff about opportunities at your school.

**Mentor for your student** – the district VOICE Mentor Program may be able to provide a one-on-one mentor for your student. Talk to your school's counselor or teacher to see if they qualify.

**Scholarships for: PSAT/SAT/AP/IB testing** are provided at the High School level. Ask the bookkeeper at your school for more information.

Scholarships for field trips, PE uniforms as well as yearbooks, dance tickets, senior party etc. may also be available. Ask the bookkeeper at your school.

### **Student Academic Grants**

The Issaquah Schools Foundation offers grants for tutoring and other outside academic support. https://isfdn.org/academicgrants

# Support for Food, Clothes, and Supplies

**Snack program -** A program at every school offering small breakfast and/or snack options – check with your nurse, teacher, or school counselor.

Free and Reduced-Price Lunch sign up <a href="http://www.issaquah.wednet.edu/district/de">http://www.issaquah.wednet.edu/district/de</a> <a href="partments/operations/foodservice">partments/operations/foodservice</a>. Assistance may be available for families who do not qualify but still have financial need. Call 425-837-5060 for details.

Lunch for the Breaks, Summer Lunch Program, and weekend PowerPacks - Check with the Issaquah Food and Clothing Bank: <a href="https://www.issaquahfoodbank.org/special-programs/">https://www.issaquahfoodbank.org/special-programs/</a> or call 425-392-4123 ext. 16.

Clothing Closets - Each High School can provide students with new or gently used articles of clothing. Talk to your student's counselor. The Issaquah Food and Clothing Bank is another good resource <a href="https://issaquahfoodbank.org/">https://issaquahfoodbank.org/</a>.

Tools for School - Register in the spring/summer to receive a free backpack and school supplies in August. Registration and other details are posted at:

www.isfdn.org/tools4school. Backpacks and supplies also available at every school yearround. Check with the school office staff.

**Band Instruments** - most middle and high schools have access to band instruments for free or reduced rental cost. Talk to your school's band teacher.

**Tuxes & Tiaras -** A free event open to Issaquah School District High School students where they can pick up a free dress, suit, shoes, and accessories for dances.

## **Support for Family**

#### **School counselors**

Each school has counselors to help support academics and mental health. <a href="https://www.issaquah.wednet.edu/family/counseling-services">https://www.issaquah.wednet.edu/family/counseling-services</a>.

Before/After-School Care (BASC) Program Financial Aid (K-8) may be available for Issaquah School District's BASC Program. Call 425-837-5080 to request an application.

**Translation for transcripts** - The Foundation's Cultural Bridges Program can help with transcript translations. Contact <u>culturalbridges@isfdn.org</u> for assistance.

**Vision Checks** are done at school. Any student needing further vision help or eyeglasses can contact their school nurse to access low and no cost optometrist appointments and glasses.

**Cultural & Family Partnerships** – This program helps families to navigate the school system, connecting them with support for educational opportunities.

Family Partnership Liaisons:

Francisca Mejia Campos (Español) 425-837-7141 CamposF@issaguah.wednet.edu

Wenli Mithal (中文) 425-837-7106 MithalW@issaguah.wednet.edu

Ina Ghangurde

425-837-7008

Ghangurdel@issaquah.wednet.edu

This document provides information on Issaquah School District specific resources.

Each school building has access to the nurse's fund to help support basic needs. You can reach out to your school nurse or counselor about this resource.

Many schools have Angel or Outreach programs with opportunities for support. Be sure to ask the office staff.

Online list with details on school resources
https://issaguah.wednet.edu/family

For information on other resources in our area, see the community resource directory located online at:

https://www.issaquahwa.gov/268/Hu

man-Services
or further resource listings at:

https://www.issaquahwa.gov/3048/Re

sources

You can also call 211
to be connected to the Washington
Information Network.

# Resource Guide

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Striving to support our students